

### The Woking 3 Handicap

7 SEP 2019

From Run No. 364 on 2 JAN 2019  
to Run No. 372 on 4 SEP 2019

H'cap	Name	Club/Company	Latest	Best	Runs
6:30	Baggott, Michael	-	20:26 365	16:10 295	9
6:15	Baggott, Richard	-	20:41 371	16:24 300	34
0:00	V Baker, Bill	-	31:42 368	24:34 251	56
2:00	W V Baulk, Lesley	Woking A.C.	25:00 372	24:03 371	5
8:00	Botterill, Simon	-	18:54 365	18:54 365	1
10:15	V Bradbury, Bob	Woking A.C.	16:48 367	16:48 367	4
6:30	W Brierley-Rutter, Gemma	-	20:29 371	20:29 371	1
0:00	V Burnett, Kevin	Striders of Croydon	49:00 365	27:28 254	45
0:15	V Capindale, Paul	-	26:45 369	23:30 238	13
0:45	W Cazerres, Daniela	-	26:21 370	26:21 370	2
0:00	Coles, Chris	-	17:53 371	0:00 0	1
0:30	V Coxhead, Mark	Windle Valley Runners	26:36 368	17:12 73	255
0:00	V Davidson, Alan	Liss Runners	28:11 372	16:18 34	310
4:15	V Dry, Peter	Epsom Oddballs	22:49 372	18:33 273	148
3:00	V Falkner, Andrew	-	24:07 372	18:10 187	41
1:30	W V Fernandez, Eralys	-	25:25 370	24:20 326	3
8:15	Fraser, Alasdair	Clapham Chasers	18:43 369	16:44 295	4
0:00	W V Fraser, Marion	-	28:12 371	27:20 304	71
2:15	Gibson, Tom	-	24:47 367	24:47 367	1
0:00	V Gilbert, Barry	Wadhurst Runners	28:32 372	21:35 238	81
0:30	V Godber, Steve	-	26:31 371	21:05 238	67
4:15	V Harris, Colin	Woking A.C.	22:41 372	22:03 354	19
8:00	V Huggins, Tim	-	19:06 366	19:04 308	2
4:15	V Innemee, Henk	Spectrum	22:39 372	19:42 225	208
0:00	V Lott, Dave	-	27:53 370	22:58 154	87
0:30	W V Maltby, Bridget	-	26:37 369	23:02 293	28
8:15	V Marriott, Ray	South London Harriers	18:38 366	14:50 230	22
5:00	Martin, Matt	-	22:05 367	22:05 367	1
0:00	Martin, Simon	-	40:04 367	40:04 367	1
9:15	V Maughan, Victor	-	17:39 366	17:39 366	2
2:30	V Mayger, Alan	-	24:36 372	17:49 163	164
1:45	W V Mills, Valerie	-	25:11 371	24:49 368	3
4:45	W V Musselwhite, Jacqueline	-	22:21 366	21:07 361	5
2:30	V Neal, Greg	Watford Harriers	24:31 367	20:04 243	34
3:30	Parsley, Steve	-	23:32 371	23:27 367	4
7:45	Ridley, David	-	19:14 368	19:14 368	3
8:00	Rolfe, Ben	Woking A.C.	19:00 372	16:48 370	4
6:45	V Rolfe, Duncan	Woking A.C.	20:21 372	20:15 369	9
0:00	W V Rowland, Sonia	Ranelagh	40:14 367	19:43 227	120
0:00	V Sabourin, John	Wimbledon Windmilers	28:07 372	26:08 316	47
1:15	W Saunders-Martin, Xanthe	-	25:41 367	25:41 367	1
3:45	V Scammell, Clive	Wimbledon Windmilers	23:20 370	19:30 326	33
0:00	W V Smallbone, Catherine	-	30:52 364	30:52 364	2
0:00	V Smyth, Ray	Imprint	31:20 368	18:46 213	63
4:00	Stott, Paul	-	23:00 370	23:00 370	1
7:00	W V Stubbs, Sally	Runnymede Runners	20:02 369	17:33 226	52
1:00	W V Thevenet, Ramona	Stragglers	25:57 372	17:55 277	134
6:30	W Thomas, Patricia	-	20:28 371	19:34 340	23
4:00	W Tibbotts, Mary	Woking A.C.	23:05 372	20:04 0	13
8:15	W V Trinder, Kay	Woking A.C.	18:40 372	18:14 370	10
0:00	V Vaughan, Malcolm	Woking A.C.	27:35 372	21:31 297	71
8:15	V Waine, Mike	Woking A.C.	18:45 370	15:06 100	38
0:00	V Warboys, Pip	Witham & Essex	30:50 366	18:49 152	35
2:00	W Whittington, Catherine	-	24:54 371	24:30 367	3
0:00	V Wilson, Gordon	R.N.A.C.	28:03 369	16:26 76	118
0:00	W Winn-Smith, Joanna	Cambridge Harriers	29:31 371	21:29 243	17
0:00	W Winn-Smith, Lara	-	29:30 371	29:30 371	1
2:30	Winn-Smith, Zac	-	24:23 371	24:23 371	2

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