

Wednesday, 2nd January 2019

3 JAN 2019

From Run No. 355 on 4 APR 2018
to Run No. 364 on 2 JAN 2019

H'cap	Name	Club/Company	Latest	Best	Runs
9:45	Baggott, Richard	Stragglers	17:19 364	16:24 300	27
0:00	V Baker, Bill	-	29:47 361	24:34 251	55
0:00	V Burnett, Kevin	Striders of Croydon	40:00 363	27:28 254	44
0:00	V Capindale, Paul	-	28:04 361	23:30 238	10
0:00	V Copindale, Paul	-	28:39 357	28:39 357	1
1:00	V Coxhead, Mark	Windle Valley Runners	26:07 364	17:12 73	251
0:15	V Davidson, Alan	Liss Runners	26:41 364	16:18 34	302
5:00	V Dry, Peter	Epsom Oddballs	22:04 364	18:33 273	145
2:45	V Falkner, Andrew	-	24:15 361	18:10 187	40
0:00	W V Fraser, Marion	-	28:59 364	27:20 304	65
0:00	V Gilbert, Barry	Wadhurst Runners	29:23 364	21:35 238	74
0:45	V Godber, Steve	-	26:20 362	21:05 238	61
13:15	Grundy, Gilbert	Woking A.C.	13:39 360	13:39 360	5
4:15	V Harris, Colin	Wimbledon Windmilers	22:49 364	22:03 354	13
3:30	V Innemee, Henk	Spectrum	23:27 364	19:42 225	200
0:00	V Jones, Pete	Windle Valley Runners	30:53 363	18:21 269	10
0:00	W V Kyle, Lauren	-	29:41 356	23:20 229	37
0:00	V Lott, Dave	-	30:09 363	22:58 154	82
1:15	W V Maltby, Bridget	-	25:46 355	23:02 293	27
8:30	V Marriott, Ray	South London Harriers	18:27 364	14:50 230	21
0:00	V Martin, Julian	Woking A.C.	31:49 364	22:08 143	110
0:00	V Maughan, Victor	Herne Hill Harriers	19:16 364	0:00 0	1
4:15	V Mayger, Alan	-	22:42 361	17:49 163	158
4:30	J Mellor, Isaac	-	22:35 359	22:08 352	2
6:00	V Mellor, Jon	Woking A.C.	20:57 362	20:04 338	15
4:45	W V Musselwhite, Jacqueline	Woking A.C.	22:16 364	21:07 361	3
2:00	V Neal, Greg	Watford Harriers	24:58 363	20:04 243	32
0:45	W V Rodriguez, Barbara	Woking A.C.	26:08 358	22:25 266	25
1:00	W V Rowland, Sonia	Ranelagh	26:01 359	19:43 227	119
0:15	V Sabourin, John	Wimbledon Windmilers	26:38 364	26:08 316	43
4:45	V Scammell, Clive	Wimbledon Windmilers	22:22 364	19:30 326	27
0:00	W V Smallbone, Catherine	-	30:52 364	30:52 364	2
8:00	V Smith, Richard	-	18:59 356	18:37 261	18
0:00	V Smyth, Ray	Imprint	30:22 364	18:46 213	62
0:00	V Spinks, George	-	40:00 359	28:09 243	68
5:30	W V Stubbs, Sally	Runnymede Runners	21:25 361	17:33 226	50
4:00	W V Thevenet, Ramona	Stragglers	23:07 364	17:55 277	126
5:30	W Thomas, Patricia	-	21:27 360	19:34 340	22
3:00	W Tibbotts, Holly	-	23:58 355	23:58 355	1
3:00	W Tibbotts, Mary	-	24:00 355	20:04 0	11
8:00	W V Trinder, Kay	Woking A.C.	19:05 364	18:16 254	6
0:00	V Vaughan, Malcolm	Woking A.C.	27:34 364	21:31 297	65
2:15	V Warboys, Pip	Witham & Essex	24:43 361	18:49 152	34
0:00	V Wilson, Gordon	R.N.A.C.	27:22 363	16:26 76	114
1:00	W Winn-Smith, Joanna	Cambridge Harriers	26:06 359	21:29 243	16
1:00	Winn-Smith, Zac	-	26:03 359	26:03 359	1

46 runners