

The Woking Handicap 3

7 DEC 2018

From Run No. 352 on 3 JAN 2018
to Run No. 363 on 5 DEC 2018

H'cap		Name	Club/Company	Latest	Best	Runs
6:30	V	Adams,Paul	-	20:36 353	17:07 256	15
10:15		Baggott,Richard	-	16:39 363	16:24 300	26
0:00	V	Baker,Bill	-	29:47 361	24:34 251	55
0:00	V	Burnett,Kevin	Striders of Croydon	40:00 363	27:28 254	44
0:00	V	Capindale,Paul	-	28:04 361	23:30 238	10
1:30	W	Capindale,Tracey	-	25:25 353	25:25 353	1
0:00		Copindale,Paul	-	28:39 357	28:39 357	1
1:15	V	Coxhead,Mark	Windle Valley Runners	25:52 363	17:12 73	250
0:45	V	Davidson,Alan	Liss Runners	26:11 363	16:18 34	301
4:45	V	Dry,Peter	Epsom Oddballs	22:10 363	18:33 273	144
2:45	V	Falkner,Andrew	-	24:15 361	18:10 187	40
0:00	V	Fordham,William	-	21:54 354	0:00 0	2
0:00	W V	Fraser,Marion	-	28:20 363	27:20 304	64
4:30	V	Gibbons,Gary	Bracknell Forest	22:29 353	18:15 295	44
0:00	V	Gilbert,Barry	Wadhurst Runners	28:56 363	21:35 238	73
0:45	V	Godber,Steve	-	26:20 362	21:05 238	61
13:15		Grundy,Gilbert	Woking A.C.	13:39 360	13:39 360	5
4:45	V	Harris,Colin	Woking A.C.	22:20 363	22:03 354	12
0:00	W	Hayley,Dena	-	27:28 352	28:38 351	2
2:30	V	Innemeer,Henk	Spectrum	24:26 362	19:42 225	199
0:00	V	Jones,Pete	Windle Valley Runners	30:53 363	18:21 269	10
0:00	W V	Kyle,Lauren	-	29:41 356	23:20 229	37
0:00	V	Lott,Dave	-	30:09 363	22:58 154	82
1:15	W V	Maltby,Bridget	-	25:46 355	23:02 293	27
0:00	V	Martin,Julian	Woking A.C.	31:35 363	22:08 143	109
4:15	V	Mayger,Alan	-	22:42 361	17:49 163	158
6:00	W	Mayo,Bronwyn	-	21:02 353	18:49 343	5
4:30	J	Mellor,Isaac	-	22:35 359	22:08 352	2
6:00	V	Mellor,Jon	Woking A.C.	20:57 362	20:04 338	15
4:45	W V	Musselwhite,Jacqueline	-	22:10 363	21:07 361	2
2:00	V	Neal,Greg	Watford Harriers	24:58 363	20:04 243	32
1:15	W V	Raleigh,Mary	-	25:46 352	25:46 352	4
0:45	W V	Rodriguez,Barbara	Woking A.C.	26:08 358	22:25 266	25
1:00	W V	Rowland,Sonia	Ranelagh	26:01 359	19:43 227	119
0:00	V	Sabourin,John	Wimbledon Windmilers	31:00 363	26:08 316	42
5:00	V	Scammell,Clive	Wimbledon Windmilers	22:02 363	19:30 326	26
0:00	W V	Smallbone,Catherine	-	31:01 363	31:01 363	1
8:00		Smith,Richard	-	18:59 356	18:37 261	18
0:00	V	Smyth,Ray	Imprint	28:22 362	18:46 213	61
0:00	V	Spinks,George	-	40:00 359	28:09 243	68
5:30	W V	Stubbs,Sally	Runnymede Runners	21:25 361	17:33 226	50
3:45	W V	Thevenet,Ramona	Stragglers	23:10 363	17:55 277	125
5:30	W	Thomas,Patricia	-	21:27 360	19:34 340	22
3:00	W	Tibbotts,Holly	-	23:58 355	23:58 355	1
3:00	W	Tibbotts,Mary	-	24:00 355	20:04 0	11
0:00	V	Vaughan,Malcolm	Woking A.C.	27:13 363	21:31 297	64
0:00	W V	Walker,Anne	-	27:11 353	27:11 353	1
2:15	V	Warboys,Pip	Witham & Essex	24:43 361	18:49 152	34
0:00	W V	Wheeler,Emma	Windle Valley Runners	31:04 352	24:43 302	7
0:00	J	Wheeler,Jacob	-	30:54 352	30:54 352	1
0:00	V	Wilson,Gordon	R.N.A.C.	27:22 363	16:26 76	114
1:00	W	Winn-Smith,Joanna	Cambridge Harriers	26:06 359	21:29 243	16
1:00		Winn-Smith,Zac	-	26:03 359	26:03 359	1

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