

The Woking Handicap 3
 From Run No. 316 on 7 JAN 2015
 to Run No. 327 on 2 DEC 2015

3 DEC 2015

H'cap	Name	Club/Company	Latest	Best	Runs
9:15	V Adams,Paul	-	17:51 316	17:07 256	12
5:45	V Austin,Tony	Hercules Wimbledon	21:08 326	18:37 202	7
10:30	Baggott,Michael	-	16:30 317	16:10 295	8
8:45	Baggott,Richard	-	18:10 322	16:24 300	10
0:00	V Baker,Bill	-	33:00 321	24:34 251	47
3:15	V Bell,Fred	Woking A.C.	23:40 326	18:47 194	45
7:30	V Brown,Jim	Woking A.C.	19:36 325	16:47 92	59
0:00	V Burnett,Kevin	Striders of Croydon	35:01 327	27:28 254	35
3:15	V Coxhead,Mark	Windle Valley Runners	23:52 324	17:12 73	223
1:15	V Davidson,Alan	Liss Runners	25:40 327	16:18 34	278
3:00	V Dillow,Peter	Petrofac	24:04 326	19:47 228	12
0:00	V Dry,Peter	Stragglers	29:18 327	18:33 273	116
2:45	W V Fernandez,Eralys	-	24:20 326	24:20 326	1
0:00	W V Fraser,Marion	-	28:42 325	27:20 304	44
5:00	V Gibbons,Gary	Bracknell Forest	22:00 327	18:15 295	33
7:30	V Gibson,Alistair	Guildford & Godalming	19:24 321	18:18 290	19
0:45	V Gilbert,Barry	Wadhurst Runners	26:11 326	21:35 238	51
0:00	Godber,Paul	Southampton R.C.	28:24 317	19:35 233	16
1:45	V Godber,Steve	-	25:14 327	21:05 238	49
3:30	Griffith,Chris	Epsom & Ewell H.	23:35 323	19:37 222	7
0:00	V Haben,Chris	-	37:34 323	27:49 276	38
0:00	W Ingram,Carole	-	28:16 327	29:18 326	4
5:15	V Innemee,Henk	Spectrum	21:38 327	19:42 225	173
0:00	V Jackson,Alistair	Veterans A.C.	28:05 327	20:46 155	137
0:00	W V Johnston,Catherine	-	29:48 326	25:25 306	19
7:15	V Jones,Pete	Windle Valley Runners	19:40 326	18:21 269	4
3:15	Kuwairi,Hassan	-	23:40 319	23:40 319	1
0:00	W V Kyle,Lauren	-	28:57 325	23:20 229	35
0:30	W V Lambert,Sue	Serpentine Runners	26:24 325	23:22 283	8
0:00	V Lott,Dave	-	27:27 325	22:58 154	68
0:00	V Lovell,Chris	Windle Valley Runners	30:22 327	17:35 89	170
2:15	W V Maltby,Bridget	-	24:47 325	23:02 293	22
9:45	V Marriott,Ray	South London Harriers	17:11 326	14:50 230	20
0:00	W V Marshall,Laurie	-	27:33 326	27:33 326	1
0:00	V Martin,Julian	Woking A.C.	29:10 327	22:08 143	84
5:45	V Maskell,Dan	Veterans A.C.	21:18 318	19:07 229	18
5:00	V Mayger,Alan	-	21:57 326	17:49 163	129
9:15	Myring,Rob	Guildford & Godalming	17:43 325	16:22 319	35
4:00	V Neal,Greg	Watford Harriers	22:54 327	20:04 243	22
5:15	V Nichols,Dave	Woking A.C.	21:51 325	18:00 130	150
5:15	W V Pears,Louise	Ranelagh	21:48 326	20:03 254	41
0:15	W V Raleigh,Mary	-	26:48 323	26:48 323	2
3:30	W V Rodriguez,Barbara	Woking A.C.	23:35 326	22:25 266	22
3:00	W V Rowland,Sonia	Ranelagh	23:57 327	19:43 227	106
2:45	V Rowland,Steve	Ranelagh	24:14 327	17:18 196	106
0:00	V Sabourin,John	-	27:18 326	26:08 316	9
7:30	V Scammell,Clive	-	19:30 326	19:30 326	3
3:45	V Smyth,Ray	Imprint	23:15 321	18:46 213	50
0:00	Snowden,James	Woking A.C.	27:11 324	24:15 309	11
0:00	V Spacie,Keith	Thames Hare & Hounds	27:53 320	16:22 76	101
0:00	V Spinks,George	-	38:00 327	28:09 243	47
5:45	V Standing,Mark	-	21:22 325	21:22 325	1
7:45	W V Stubbs,Sally	Runnymede Runners	19:17 324	17:33 226	45
6:15	W V Thevenet,Ramona	Woking A.C.	20:41 327	17:55 277	95
5:15	W Thomas,Patricia	-	21:43 325	22:38 322	3
6:00	W Tibbotts,Mary	-	21:05 327	20:04 0	4
0:45	V Tosh,Philip	Wimbledon Windmilers	26:09 326	26:09 326	1
0:45	V Vaughan,Malcolm	Woking A.C.	26:13 326	21:31 297	39
9:15	V Waime,Mike	Woking A.C.	17:46 316	15:06 100	34
0:00	W V Wainwright,Alison	-	31:43 321	26:05 298	12
5:15	V Warboys,Pip	Witham & Essex	21:52 323	18:49 152	28
7:30	Whitehead,Chris	M.V.A.	19:30 326	17:27 206	65
8:00	Wilkinson,Ian	M.V.A.	18:54 324	16:58 228	71
3:15	V Williams,Dennis	Hercules Wimbledon	23:41 326	19:53 235	37
4:00	V Wilson,Gordon	R.N.A.C.	23:04 327	16:26 76	98

65 runners