

The Woking Handicap 3

24 NOV 2013

From Run No. 280 on 4 JAN 2012  
to Run No. 291 on 5 DEC 2012

H'cap	Name	Club/Company	Latest	Best	Runs
9:45	Baker, Lawrie	Woking A.C.	17:09 283	17:09 283	3
9:45	V Bickerstaff, Andy	Ranelagh	17:10 290	16:35 242	6
5:45	W V Blundell, Traci	-	21:22 285	20:33 251	23
6:45	Boothman, Elliot	DiME	20:22 284	20:22 284	1
1:15	W Bowles, Emma	-	25:51 285	25:51 285	2
6:30	Bracher, Ben	DiME	20:25 284	20:25 284	1
0:45	W V Burkett, Patricia	-	26:17 283	26:34 271	5
5:15	W V Chisholm, Cheryl	-	21:48 281	21:48 281	1
5:15	V Conquest, Alex	-	21:39 289	21:39 289	1
2:45	Davis, Paul	Woking AC	24:20 288	24:20 288	1
9:00	V Donaghy, Simon	Herne Hill Harriers	18:06 282	16:14 76	15
0:00	V Eady, Anthony	Thames Hare & Hounds	29:13 289	20:26 60	105
5:45	Elliott, Vincent	DiME	21:08 284	21:08 284	1
0:00	V Gammage, David	Isle of Wight A.C.	42:47 282	20:29 15	207
0:00	W V Gibson, Nadine	-	29:33 281	29:33 281	2
0:30	Gilby, John	Woking AC	26:27 288	26:27 288	1
7:30	V Goodwin, Mike	Woking A.C.	19:36 280	19:36 280	4
12:00	Grundy, Gilbert	Woking A.C.	15:05 282	14:34 281	4
8:15	V Hensby, Clive	Woking AC	18:40 291	18:40 291	1
1:30	V Hodge, Martin	-	25:29 289	23:53 273	11
1:30	J Johnson, Daniel	Woking A.C.	25:27 283	21:34 264	2
1:00	W V Johnson, Heather	-	26:07 283	22:17 250	21
1:00	V Khiroya, Parag	Phillips Petroleum	26:02 284	21:30 147	16
0:30	W V Kyle, Lauren	-	26:25 289	23:20 229	34
2:30	W V Lambert, Sue	Serpentine Runners	24:37 291	23:22 283	4
3:00	W V Lamont, Vera	-	24:03 291	22:32 72	6
4:15	Miller, Paul	-	22:42 290	22:42 290	1
5:00	Parr, Martin	Woking AC	21:53 288	21:53 288	1
0:00	W V Raleigh, Mary	-	27:27 289	27:27 289	1
5:00	V Ridley, David	Maidenhead A.C.	22:07 281	18:25 224	13
7:45	W V Roake, Karen	Runnymede Runners	19:14 291	18:56 281	2
6:15	Rowntree, Hugh	Woking AC	20:43 290	19:11 289	3
8:15	Squires, Richard	-	18:46 289	18:43 288	13
7:15	Thomas, Barry	-	19:50 283	19:50 283	1
6:45	Tucker, Neil	DiME	20:11 284	20:11 284	1
9:00	West, Patrick	Mayer Brown	17:59 291	17:42 290	4
4:45	W Winn-Smith, Joanna	Cambridge Harriers	22:17 280	21:29 243	9
10:45	Winn-Smith, Matthew	Cambridge Harriers	16:21 280	16:21 280	3
6:00	Wolski, Lukasz	-	21:06 288	20:40 287	3
	39 runners				