

The Woking Handicap 3

8 APR 2014

From Run No. 174 on 5 FEB 2003
to Run No. 184 on 3 DEC 2003

H'cap		Name	Club/Company	Latest	Best	Runs
10:15	V	Batchelor, John	Ilford A.C.	16:40 176	16:40 176	3
0:00	W V	Beasley, Claire	-	29:30 176	29:18 174	2
1:45	V	Bunce, Steve	Lan2Lan	25:19 182	25:19 182	1
4:00		Chaffe, Pete	Lan2Lan	22:53 182	22:53 182	1
6:30	V	Chambers, Ian	Haslemere Border	20:26 182	20:26 182	2
9:00	V	Cleghorn, David	Andover A.C.	18:06 176	18:06 176	1
10:30		Dunnett, Ben	-	16:36 174	16:36 174	2
0:30	W J	Ellery, Clare	-	26:26 176	26:26 176	3
7:30		Faber, Mick	Ciberion	19:30 175	19:30 175	3
7:15		Foster, Charlie	Lan2Lan	19:38 184	17:58 181	15
4:45	V	Friend, Tim	-	22:10 177	22:10 177	2
3:00	W J	Gaffney, Sarah-Jane	Warwick University	23:57 180	23:57 180	1
9:00	V	Giles, Peter	Hercules Wimbledon	17:57 184	17:18 183	2
9:00		Giles, Stuart	-	18:01 183	18:01 183	1
0:00	W V	Giles, Yasmine	-	27:09 184	27:09 184	2
6:30	V	Glover, Jon	T.V.Times	20:31 180	20:31 180	1
7:15	V	Goodman, John	Lan2Lan	19:46 181	19:46 181	9
4:45	V	Gray, Don	Guildford & Godalming	22:17 176	22:17 176	1
2:30	W J	Gray, Jessica	-	24:37 176	24:37 176	1
6:00		Greer, Mathew	-	21:04 181	20:17 176	4
6:15	W	Hardy, Amanda	Loughton A.C.	20:50 181	20:50 181	1
6:30		Hector, Phil	Ciberion	20:30 174	20:30 174	3
10:00		Hislop, Andrew	Aldershot, Farnham & D.	17:05 184	15:25 88	77
8:15	W V	Imeson, Hazel	Tadworth A.C.	18:41 184	18:41 184	11
3:45	W V	Jones, Nicky	-	23:17 181	22:44 177	4
0:00	W	Kemp, Charlie	Ciberion	27:12 176	27:10 170	3
0:00	W V	Lee-Bartlett, Debbie	QCA	28:23 178	28:23 178	2
5:00		Lewington, Tom	-	22:04 178	22:04 178	2
0:45	W	Lewis, Nicola	-	26:13 176	26:13 176	1
9:30	V	Mamet, Eric	Woking A.C.	17:25 178	17:25 178	3
5:00	W	McCarthy, Kathy	-	21:53 176	21:53 176	1
2:00		McEvet, Nick	Macaw Computing	25:02 181	23:33 154	4
7:45		Moore, Patrick	Capgemini	19:20 179	19:20 179	1
8:00	W	Nichols, Claire	Woking A.C.	19:04 174	17:59 173	8
4:15		Nicolas, Darren	-	22:47 181	22:29 177	6
1:15		Ong, Steven	-	25:40 183	25:40 183	1
6:00		Parker, Tony	Lan2Lan	20:57 182	20:57 182	1
8:15	V	Pedley, Kevin	Windle Valley Runners	18:44 184	18:33 179	3
0:00	W	Ribbons, Wendy	Ciberion	27:58 176	27:58 176	4
9:15	V	Robson, Neil	Bingley Harriers	17:39 176	17:39 176	1
9:15	W	Robson, Stephanie	Southampton R.C.	17:40 176	17:40 176	1
5:00		Scoones, Eric	-	21:53 181	21:53 181	1
6:45	V	Smith, Simon	-	20:20 184	19:12 174	2
9:00		Taylor, Grant	Ciberion	17:54 176	17:54 176	3
0:00	V	Tett, Don	Running Sixties	45:07 179	45:07 179	1
0:00		Tipton, Andy	Lan2Lan	27:35 182	27:35 182	1
0:00	V	Trives, Jon	Lan2Lan	27:35 182	27:35 182	1
4:30	V	Walker, Will	Maidenhead A.C.	22:35 179	22:35 179	2
8:45	V	Warner, Michael	Woking A.C.	18:20 183	16:45 97	11
4:30		Watts, Graham	-	22:37 174	22:37 174	1
9:30		Wegg, Terry	-	17:29 175	17:29 175	2
7:45	V	Williams, Geoff	Windle Valley Runners	19:13 179	19:13 179	1
3:00		Wiseman, Lee	-	23:55 177	23:55 177	1
5:00		Wood, Phil	-	22:05 176	22:05 176	2
5:00	V	Woods, George	West Wight R.R.	21:55 174	21:55 174	1
7:15		Yeates, Chris	Lan2Lan	19:39 182	19:39 182	4

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